

Falcon Fast Relays Schedule of Events

Head Coaches Meeting 7:45 a.m. in the field house classroom:

Schedule of Events:

8:30 – DMR and all Field Events

Shot Put – Boys, Girls

Discus – Girls, Boys

Long Jump – Pit 1 – Boys

Pit 2 – Girls

Pole Vault – Girls, Boys

High Jump – Girls, Boys

11:00 a.m. – Rolling Schedule

Timed Finals (Girls, Boys)

1600

100h / 110h

100

400M

300H

Girls 3200

Boys 3200

200

4X800