

RHS Girls Basketball Tryouts

The Reedy HS Girls Basketball program takes our team selection process very seriously. We look for student-athletes who will benefit the program in numerous ways. We take the following guidelines into consideration when constructing the team.

Tryout Process and Considerations

Citizenship

When evaluating student-athletes we look at whether they demonstrate the model of being a positive representative of your team, school, and community through your actions as a citizen, student and athlete.

Attitude

Reedy players demonstrate a positive, team first mindset. We are consistently working toward individual skill improvement with the mindset that we are strengthening the team. Our program seeks student-athletes who are respectful and supportive of teammates.

Desire, Work Ethic, and Poise

Student-athletes have a strong work ethic that pushes themselves and teammates to get better. Competitiveness should be demonstrated with emotional control.

Attendance/Academic Performance

A history of regular attendance in all classes, while upholding academic standards set by the program is essential for all team members. Student-athletes who have not demonstrated this performance may receive less consideration during evaluation of athletes with similar talent.

Coachability

We are searching for student-athletes ready to receive and show that they can take constructive criticism with the intent to learn and improve on the court and in the classroom. Can you accept the decision of a coach with the good of the team in mind?

Skill

Fundamentals of the game:

1. *Offensive skills*→ communication, shooting, passing, ball handling, rebounding, screening, reading the defense, and footwork.
2. *Defensive skills*→ communication, on-ball defense, defense one pass away, helpside, defending screens, closing out, contesting shots, and boxing out.
3. Individual skills→ foot and hand speed, strength, vertical jump, agility and coordination.
4. Basketball IQ→ while utilizing teamwork, student-athletes demonstrate court awareness while using their knowledge of rules and strategies when in system and out of system play while utilizing teamwork.

These skills will be evaluated by the coaches in scrimmages and drills

Selection by Positions

Decisions will be made based on the needs of the team roster. Remaining years of eligibility may be considered if there are players with equal ability when the younger will have additional years to improve.

Items Necessary to Tryout

All student-athletes will need to have an active physical along with all the required UIL forms turned in prior to tryouts. Students are to attend tryouts in appropriate basketball gear in Reedy HS colors.